It's cold and flu season. Fortunately, you have 24/7 access to a doctor.

Teladoc® gives you anytime access to U.S. board-certified doctors through the convenience of phone or video consults. It’s an affordable alternative for treating cold and flu symptoms, bronchitis, respiratory infection and more!

STEP 1
LOG INTO TELADOC
Visit the website to access your account, manage personal information and add eligible dependents, if applicable.

STEP 2
UPDATE YOUR MEDICAL HISTORY
Make sure the "My Medical History" tab is updated so the doctor has the information needed to provide an accurate diagnosis.

STEP 3
REQUEST A CONSULT
Teladoc doctors are available when you need care now. Request a consult anytime online or by phone.

With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician.

Talk to a doctor anytime for $40 or less!

Teladoc.com
Facebook.com/Teladoc
1-800-Teladoc (835-2362)
Teladoc.com/mobile

© 2015 Teladoc, Inc. All rights reserved. Teladoc and the Teladoc logo are trademarks of Teladoc, Inc. and may not be used without written permission. Teladoc does not replace the primary care physician. Teladoc does not guarantee that a prescription will be written. Teladoc operates subject to state regulation and may not be available in certain states. Teladoc does not prescribe DEA controlled substances, non-therapeutic drugs and certain other drugs which may be harmful because of their potential for abuse. Teladoc physicians reserve the right to deny care for potential misuse of services. Teladoc phone consultations are available 24 hours, 7 days a week while video consultations are available during the hours of 7am to 9pm, 7 days a week.